



SOHC Newsletter

April 2016

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Welcome to April – National Oral Health Month!

A healthy mouth is an important part of a healthy body!

Through a unified voice, the Saskatchewan Oral Health Coalition works collaboratively with dedicated partners to improve the oral and overall health of Saskatchewan residents. As an inter-disciplinary group, we strive to identify and address the needs of vulnerable populations, and by using evidence based decision making, promote advocacy, education, prevention and standards.

Ministerial Statement - Oral Health Month - April 2016

The Honourable Minister of Health, Jane Philpott, issued the following statement on Oral Health Month. "April is Oral Health Month. This year's theme, "Good Oral Health Habits", reminds us of the importance of oral health as part of our overall wellbeing.

People are often surprised to learn that oral health problems go beyond cavities and toothaches. Research tells us that there may be links between oral diseases and health problems like diabetes and heart disease.

So, don't overlook your oral health. Regular check-ups with an oral health professional, daily brushing and flossing, not smoking, reducing daily intake of sugars, and drinking fluoridated water will lower the risk of oral health problems and improve overall health. Simple daily routines, like brushing with your kids at bedtime, can make oral health care fun.

Oral Health Month can't be celebrated without recognizing Canada's dedicated oral health professionals. Our dentists and dental hygienists provide the preventive and therapeutic oral health care that helps Canadians keep their mouths and teeth

healthy. In fact, April 9 to 15 is National Dental Hygienists Week. Come join the conversation by using the hashtag #NDHW2016 on social media to show your appreciation.

This month, I encourage you to pay extra attention to your own and your family's oral health routines. Check out Health Canada's Oral Health webpage for tips on how to maintain your oral health, prevent diseases and learn more about water fluoridation.

Celebrate your smile!"

Source:

<http://news.gc.ca/web/article-en.do?nid=1046459>

Canada's Tooth Fairy Smile Drive - Saskatchewan Smile Drive-2016



The Saskatchewan Smile Drive has been partnering with Canada's Tooth Fairy Smile Drive for more than one year now!

In April 2016 for National Oral Health Month, or throughout the year, Canada's Tooth Fairy and the Saskatchewan Oral Health Coalition invite you to participate in the Canada's Tooth Fairy Smile Drive. The Smile Drive is a national

campaign to collect and distribute oral healthcare products (toothbrushes, toothpaste, floss and rinse) for children and youth in need. There are thousands of families in Saskatchewan who cannot afford basic oral health supplies.

This year, you can lead a Smile Drive at a school, business or practice, benefiting children and youth in your community. Simply set up a collection box for donated products, choose a local charity to receive your donations, and deliver the oral healthcare items you collect by April 30, 2016.

A poster with information for registration has been created and e-mailed to all of the dental professionals plus all health regions.

Please join the movement to save young smiles!

Website: www.CanadasToothFairy.org
Register at: <http://bit.ly/CTSmileDriveReg>

Announcement from America's Tooth Fairy

We would like to share our warm congratulations to Fern Ingber, America's Tooth Fairy President and CEO, for being recognized as one of the Top 25 Women in Dentistry for 2015. This annual award is presented by Dental Products Report and recognizes industry leaders, researchers, educators and clinicians who have made important contributions to the field of dentistry.

Congratulations Fern, for your incredible passion and commitment to children's oral health and the impact you have made on so many young lives and smiles!

Read More at:

<http://www.dentalproductsreport.com/dental/article/announcing-dental-products-reports-top-25-women-dentistry-2015>

Report: Saskatchewan Seniors' Oral Health and Long Term Care Strategy: Better Oral Health in Long Term Care – Best Practice Standards for Saskatchewan

We are pleased to announce that the Saskatchewan Oral Health Coalition (SOHC) and Saskatchewan Oral Health Professions (SOHP) have completed a provincial report offering recommendations to Saskatchewan Ministry of Health for the improvement of oral health in Long Term Care (LTC) residents.

The report provides an overview of aging population, the current oral health status,

and the consequences of poor oral hygiene in LTC residents. It also discusses the best practice standards for better oral health in LTC homes in Saskatchewan and provides comprehensive portfolios for educators, professionals, and staff.

Currently, the *Better Oral Health in Long Term Care – Best Practice Standards for Saskatchewan* is being implemented at two LTC homes in the Saskatoon Health Region. The SOHC and SOHP will continue to work collaboratively with policy makers and government to implement the model in LTC homes in Saskatchewan.



Note: When the report is released, we will announce and put it on SOHC website.

Report: An Environmental Scan of Publicly Financed Dental Care in Canada: 2015 Update

The report reviews the public dental care activities at provincial/territorial, and federal levels at the time of the environmental scan and the changes that have occurred since the previous scan.

The findings show that there has been a focus for the redirection of efforts of dental public health in Canada toward evidence-based oral health strategies in several jurisdictions. The majority of oral health initiatives at the provincial/territorial level since 2005 continue to focus on children (primarily socially disadvantaged). Expenditures for public dental programs have increased over the past decade, with investments in socially marginalized populations. Coordinated efforts at all levels of government, and a greater commitment from dental

professional and the public are needed to reduce oral health disparities.

Read More at Our Website:

<http://www.saskohc.ca/resources.php>
And click 'Reports'

Save the Date!

Free Dental Day Saskatchewan Polytechnic

Saturday, May 7, 2016 –
Regina, SK
Regina Campus
9:00 a.m. – 2:30 p.m.

Website:

<http://saskpolytech.ca/about/school-of-health-sciences/dental-clinic.aspx>

Save The Date!

Canadian Association of Public Health Dentistry Conference

Friday September 30-
Saturday October 1, 2016
Edmonton, AB
University of Alberta

Website:

<http://www.caphd.ca/professional-development/caphd-annual-conference>

Article: Measuring the Short-term Impact of Fluoridation Cessation on Dental Caries in Grade 2 Children Using Tooth Surface Indices

This study examined the impact of community water fluoridation cessation in Canada on children's dental caries experience.

The caries rate in Grade 2 children in Calgary (where fluoridation cessation occurred in May 2011) was compared to those in Edmonton (where fluoridation remains in place). The change in caries rate was analysed over time (2004/2005 to 2013/2014) in both primary and permanent teeth. The caries rate was increased in both cities (especially in primary teeth). The adverse effect of fluoridation cessation on children's caries experience was observed, about 2.5- 3 years following cessation. The effect was most apparent for primary teeth.

Read More at Our Website:

<http://www.saskohc.ca/resources.php>
And click 'Articles'

News: American Academy of Family Physicians (AAFP) Supports Integration of Oral Health into Primary Care

The AAFP has announced its support for a new preventive oral health care delivery model. The Oral Health Delivery Framework has been developed by family physicians in the Department of Family Medicine at the University of Colorado Anschutz Medical Campus School of Medicine in Aurora, along with dental care

providers and other stakeholders.

The Oral Health Delivery Framework consists of five steps that primary care teams can take to protect and promote oral health, including providing preventive interventions and structured referrals to dentistry. Physicians and many other health care professionals can readily identify oral diseases, counsel patients about diet, and oral hygiene, and encourage patients to establish a dental home.

The framework is being field-tested at 19 community health centres and private practices in five states. After field-testing of the framework is complete, an oral health integration toolkit will be published to help accelerate adoption among primary care practices nationwide.

Read More at :

<http://www.aafp.org/news/health-of-the-public/20151224oralhealth.html>

News: Poor Health: When Poverty Becomes Disease

Ample evidence shows that there is a link between low socioeconomic status and mental/physical health. Poverty itself have long referred to as *cause of causes*. The researchers and practitioners at the University of California San Francisco (UCSF) have long been developing programs to circumvent the social determinants of health. Many of them particularly in the arena of pediatrics, are trying to intervene before deprivation-related illness sets in.

UCSF has developed a program that screen families for problems with housing, nutrition, violence and schooling and to link them with needed services. The pediatricians are part of a system that connects families with resources. The intervention is pediatric in focus, however it is a multigenerational approach that addresses the family's situation holistically.

Stuart Gansky, director of UCSF's Center to Address Disparities in Children's Oral Health, has had great success for impoverished children at

risk for dental disease. His group demonstrated, in a randomized trial, that fluoride varnish, prevented cavities when applied twice a year to preschoolers. He pointed to cultural competence as the key to the study's success. They hired bicultural, bilingual people to whom patient families can relate. To increase the access to preventive oral care, they held follow-up visits on Saturdays or in evenings, created playrooms for siblings and paid for bus vouchers.

Read More at :

<https://www.ucsf.edu/news/2016/01/401251/poor-health>

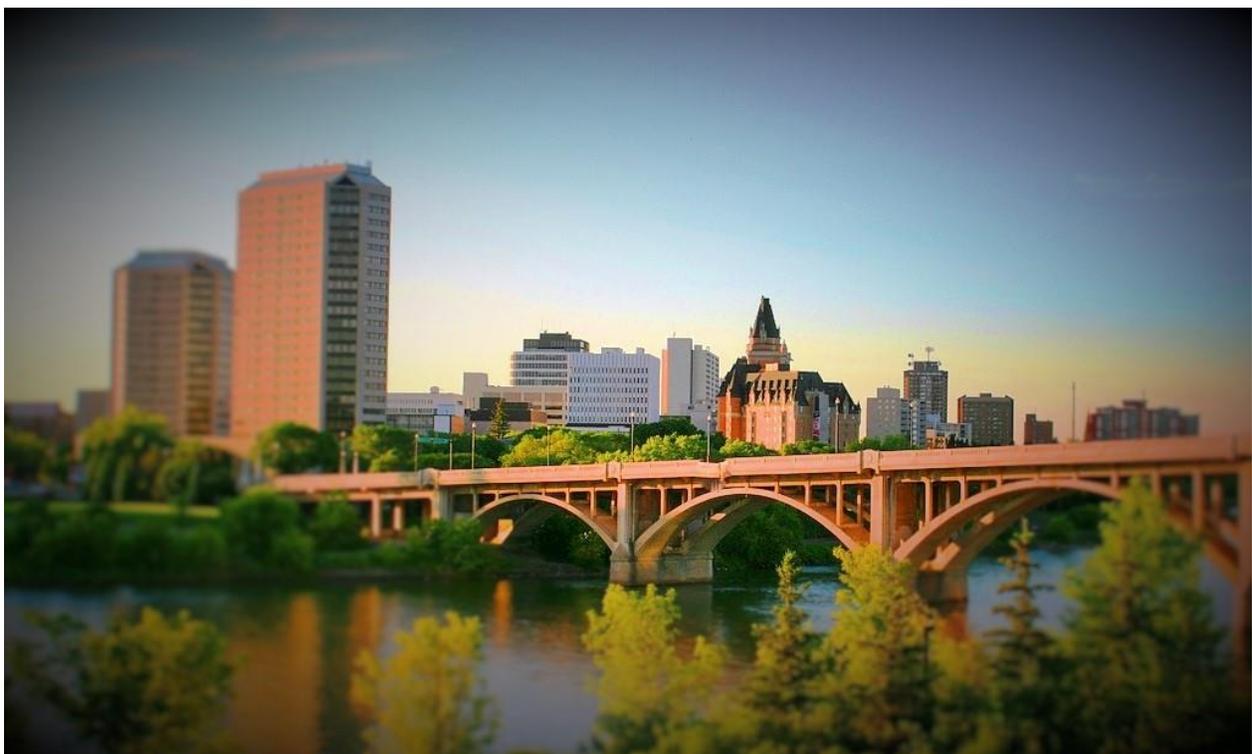
Save the Date!

Saskatchewan Oral Health Coalition Meeting

Monday, May 16, 2016 – Saskatoon, SK
German Cultural Centre
8:30 a.m. – 4:30 p.m.

Future Meeting Dates:

Monday, October 24, 2016- Regina
Monday, May 15, 2017- Saskatoon



Consider Becoming a Member of SOHC

Join the diverse membership of the Coalition to make a positive difference for the future of Saskatchewan residents!

Membership runs January through December annually. Membership fees for 2016 are now due.

Organization Levels:

- \$100 – Business/For Profit Organization
- \$75 – Non-Profit Organization
- \$25 – Individual
- Free- Students (full-time)

Website:

www.saskohc.ca/becomeMember.php

SOHC Leadership Team Members

- Susan Anholt
- Maryam Jafari (Admin Support)
- Jerod Orb (Treasurer)
- Candace Rediron
- Leslie Topola
- Sheri Townsend
- Kellie Watson (Chairperson)
- Megan Wells
- Dianne Whelan

If you are interested in becoming involved with the leadership team, please contact the SOHC Administrative Support

Contact Info:

sohcadmin@saskohc.ca

Contact Us

Maryam Jafari
Administrative Support
Saskatchewan Oral Health Coalition

Oral Health Program
Population and Public Health -
Saskatoon Health Region
101 - 310 Idylwyld Drive North
Saskatoon, SK S7K 0Z2

Contact Info:

sohcadmin@saskohc.ca

Our Website:

www.saskohc.ca

Some of Our Members:

- 1- Autism Services of Saskatoon
- 2- Battle River Treaty 6 Health Centre
- 3- Canada's Tooth Fairy – National Children's Oral Health Foundation of Canada
- 4- College of Dental Surgeons of Saskatchewan (CDSS)
- 5- Cypress Health Region
- 6- Denturists Society of Saskatchewan
- 7- Dieticians of Canada
- 8- Five Hills Health Region (FHHR)
- 9- Greater Saskatoon Catholic Schools
- 10- Health Canada
- 11- Health Canada-Children's Oral Health Initiative (COHI)
- 12- Heartland Health Region
- 13- Horizon School Division
- 14- Keewatin Yatthe Regional Health Authority (KYRHA)
- 15- Trail Health Region (KTHR)
- 16- Kids First
- 17- Lac La Ronge Indian Band (LLRIB)
- 18- Lac La Ronge Indian Band Health Services (LLRIBHS)
- 19- Maggie's Childcare Centre
- 20- Mamawetan Churchill River Regional Health Authority (MCRRA)
- 21- Meadow Lake Tribal Council (MLTC)
- 22- Northern Oral Health Working Group
- 23- Prairie North Health Region
- 24- Prince Albert Grand Council
- 25- Prince Albert Parkland Health Region (PAPHR)
- 26- Regina Qu'Appelle Health Region (RQHR)
- 27- Saskatchewan Arthritis Society
- 28- Saskatchewan Association for Community Living's
- 29- Saskatchewan Coalition for Tobacco Reduction
- 30- Saskatchewan Dental Assistants' Association (SDAA)
- 31- Saskatchewan Dental Hygienists' Association (SDHA)
- 32- Saskatchewan Dental Therapists' Association (SDTA)
- 33- Saskatchewan Dietitians Association
- 34- Saskatchewan Ministry of Education
- 35- Saskatchewan Ministry of Health
- 36- Saskatchewan Prevention Institute
- 37- Saskatoon Council on Aging (SCOA)
- 38- Saskatoon Health Region (SHR)- Healthy and Home
- 39- Saskatoon Open Door Society
- 40- Saskatchewan Polytechnic
- 41- Saskatoon Public School Division
- 42- Sherbrooke Community Centre – Saskatoon Health Region
- 43- SHR-Food for Thought
- 44- SHR-Healthy Mother, Healthy Baby
- 45- SHR-Population and Public Health
- 46- SHR-Primary Health
- 47- SHR-Seniors' Health and Continuing Care
- 48- SHR-Speech Language Pathologists
- 49- Sunrise Health Region
- 50- University of Saskatchewan-College of Dentistry
- 51- University of Saskatchewan-College of Nursing
- 52- White Buffalo Youth Lodge
- 53- Willow Cree Health