



































**Table 1. ADA Clinical Recommendations for use of professionally applied or prescription strength topical fluoride**

Topical Fluoride Agent	Age Group or Dentition Affected			
	Younger than 6 years (primary teeth)	6-18 Years (Mixed dentition)	Older than 18 Years (Permanent teeth)	Adult Root Caries
Varnish 2.26% fluoride	Every 3 to 6 months (In Favor) 	Every 3 to 6 months (In Favor) 	Every 3 to 6 months (Expert opinion for) 	Every 3 to 6 months (Expert opinion for) 
Varnish, 0.1% fluoride	Not recommended (Against) 	Not recommended (Expert Opinion Against) 	Not recommended (Expert Opinion Against) 	Panel unable to make recommendation
Professionally-applied 1.23% fluoride (APF) gel	No recommended (Expert Opinion Against) 	4* minutes every 3-6 months (In Favor) 	4* minutes every 3 to 6 months (Expert Opinion For) 	4* minutes every 3 to 6 months (Expert Opinion For) 
Prophylaxis prior to 1.23% fluoride (APF) gel application	Not necessary for caries prevention (Expert Opinion Against) 	Not necessary for caries prevention (Against) 	Not necessary for caries prevention (Expert Opinion Against) 	Panel unable to make recommendation
Fluoride foam (1.23% fluoride as APF)	Not recommended (Expert Opinion Against) 	Not recommended (Expert Opinion Against) 	Not recommended (Expert Opinion Against) 	Panel unable to make recommendation
Prophylaxis paste containing fluoride	Not recommended for caries prevention (Expert Opinion Against) 	Not recommended for caries prevention (Against) 	Not recommended for caries prevention (Expert Opinion Against) 	Panel unable to make recommendation
Prescription-strength (0.5% fluoride) home use fluoride products (gel, paste)	Not recommended (Expert Opinion Against) 	Twice daily (Expert Opinion For) 	Twice daily (Expert Opinion For) 	Twice daily (Expert Opinion For) 
Mouthrinse, 0.09% fluoride	Not recommended (Expert Opinion Against) 	At least weekly (In Favor) 	At least weekly (Expert Opinion For) 	Daily (Expert Opinion For) 

\*No studies tested APF gel for less than 4 minutes

					
<b>Strong</b> Evidence strongly supports providing this intervention	<b>In favor</b> Evidence favors providing this intervention	<b>Weak</b> Evidence suggests implementing this intervention only after alternatives have been considered	<b>Expert opinion for</b> Evidence is lacking: the level of certainty is low. Expert opinion guides this recommendation	<b>Expert opinion against</b> Evidence is lacking: the level of certainty is low. Expert opinion suggests not implementing this intervention	<b>Against</b> Evidence suggests not implementing this intervention or discontinuing ineffective procedures

ADA Council on Scientific Affairs. Topical fluoride for caries prevention. Posted November 2013 online at [http://ebd.ada.org/~media/EBD/Files/Topical\\_fluoride\\_for\\_caries\\_prevention\\_2013\\_update.ashx](http://ebd.ada.org/~media/EBD/Files/Topical_fluoride_for_caries_prevention_2013_update.ashx).

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